

Problem 4

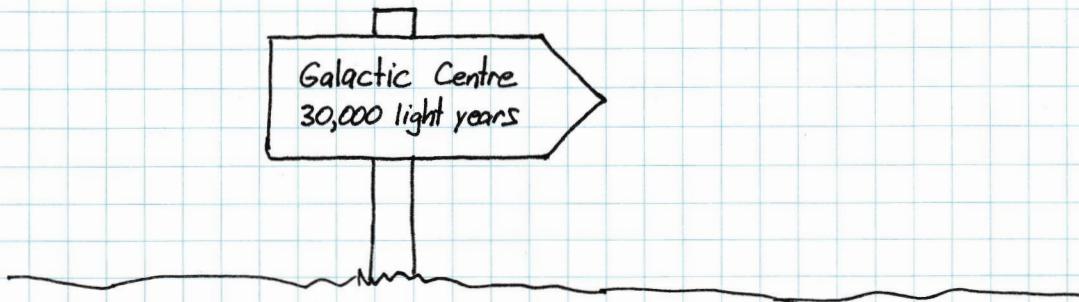
~~Excellent job~~
X

Salzman

A rocket travels from Earth to the centre of the galaxy and returns. The rocket starts from rest, accelerates uniformly at $1-g$ till at the midpoint of the journey, then turns and decelerates uniformly at $1g$ to rest at the galactic centre. Its return trip follows the same plan.

Find the round trip travel time (hint: 4 times the time for $\frac{1}{4}$ trip) as determined in the Earth reference frame and the proper time experienced by the astronauts.

Hint Use the Earth reference frame and a reference frame instantaneously at rest with respect to the rocket. Determine the change in the rocket's velocity wrt the instantaneous frame during a proper time increment $d\tau$. Use the transformation laws to obtain the corresponding Earth frame time interval dt and change in velocity wrt the Earth frame. Thus, obtain a differential equation for velocity as a function of time in the Earth frame. Integrate the equation to find position as a function of time and proceed to find the required results.

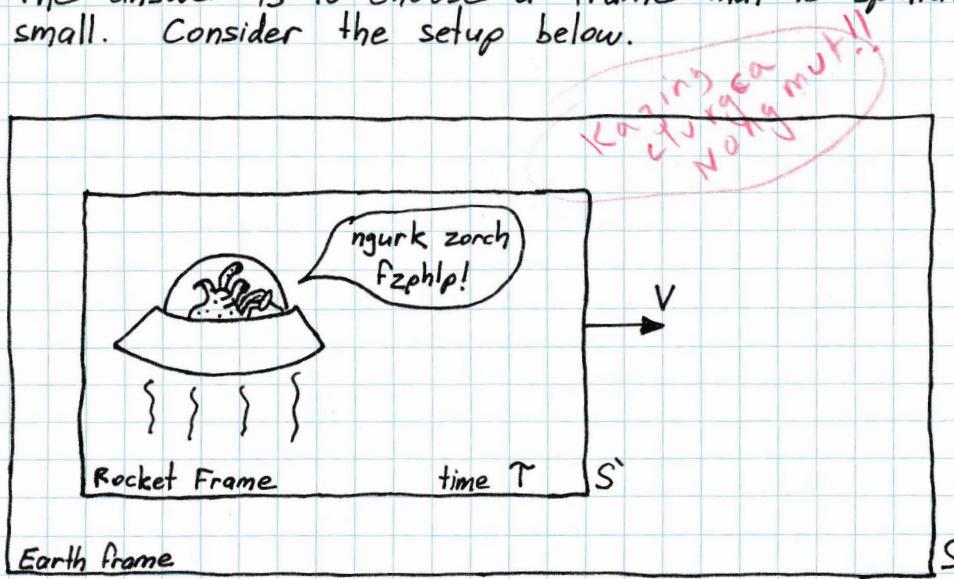


Now consider the rocket frame. We can't turn to SR for the whole story because the rocket is not inertial; Newton's 1st law does not hold in the rocket frame.

However, as Taylor + Wheeler point out, any frame will be inertial as long as you restrict yourself to the appropriate region in spacetime.

What is the appropriate region? We aren't concerned with massive objects — tidal gravity is not an issue here. The objection is that the rocket is accelerating, so after some amount of time the frame is no longer inertial.

The answer is to choose a frame that is spatially large but temporally small. Consider the setup below.



We will keep the rocket frame for an instant, after which it no longer is inertial so we'll choose another frame at a slightly higher speed which is inertial. (rather, in which the rocket is inertial) *at rest*

Suppose we're at time $t = T$. The rocket is instantaneously at rest in its reference frame which is travelling at speed V as measured by Terran observers.

The ansatz (sp?) here is that the rocket has an acceleration g in its momentary frame — [in other words, acceleration does not transform between different frames of reference. We did not discuss this point in class.]

Anyhow, suppose the rocket's acceleration is g in all frames. This being the case, the change in the rocket's speed wrt its own frame in some proper differential amount of time is:

$$dv' = g dt'$$

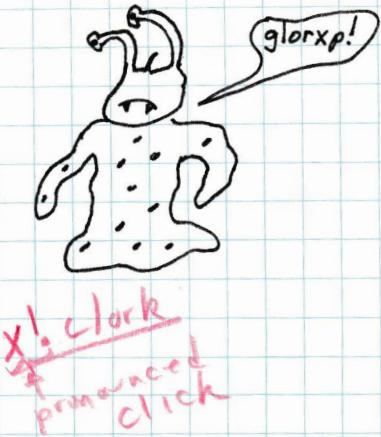
that frame → at speeds
less wrt its inst. rest frame
using a Newtonian result is fine in
as the X in rocket
since the rocket remains

After

During this proper time interval $d\tau$, the rocket's speed as measured by Earthly observers will be:

$$v + dv = \frac{dv' + v}{1 + v dv'}$$

$$= \frac{gd\tau + v}{1 + gv d\tau} \quad \checkmark$$



The denominator is in the form of $1 + \text{something small}$. Applying the binomial theorem,

$$v + dv = [gd\tau + v](1 + gv d\tau)^{-1}$$

$$= [gd\tau + v][1 - gv d\tau]$$

$$= gd\tau - g^2 v(d\tau)^2 + v - gv^2 d\tau$$

(second order differential)

So, the change in the rocket's speed wrt Earth (and consequently, the change in the new rocket frame's speed wrt the old rocket frame as measured by Earth) is:

$$dv = g(1 - v^2)d\tau$$

$$\frac{dv}{1 - v^2} = g d\tau \quad \checkmark$$

This is a differential equation relating the rocket's change of speed in Earth frame over a small time interval in the rocket frame. To get the rocket's speed at any time τ we sum all the dv 's that occur for each $d\tau$ between 0 and τ . In other words, we integrate!

One of the best lessons I learned in junior mechanics is to tailor the integration method to suit the physical problem at hand. v ought not be sinusoidal on τ so my 1st reaction $v = \cos\theta$ is not the way to go. Partial fractions ought to work, but that will yield a

logarithm which is ill-behaved close to the origin. I think a hyperbolic tangent substitution is the correct maneuver here.

You know what's odd? I swear this was the same relationship between v and t for a projectile in air resistance $\propto v^2$.  Kireng

Could relativity be the effect of drag forces on the rocket ship due to the luminiferous ether?



$$\int_0^{\tau} g d\tau^* = \int_0^v \frac{dv^*}{1 - V^{*2}} \quad v^* = \tanh \gamma \quad dv^* = \operatorname{sech}^2 \gamma d\gamma$$

$$g\tau = \int_0^{\tanh^{-1}(v)} \frac{\operatorname{sech}^2 \gamma}{1 - \tanh^2 \gamma} d\gamma$$

$$= \int_0^{\tanh^{-1}(v)} d\gamma$$

$$= \tanh^{-1}(v)$$

Taking inverse of inverse \tanh of both sides gives us the rocket speed as measured by Earth observers as a function of the rocket's proper time.

Nice

$$V(\tau) = \tanh(g\tau)$$

(i)

We can integrate this function to find the rocket's position wrt Earth as a function of the rocket's proper time. To do so, we need to explicitly write v 's dependence on τ which is easily done via the chain rule.

$$V = \frac{dx}{dt} = \frac{dx}{d\tau} \frac{d\tau}{dt} = \frac{dx}{d\tau} \frac{1}{\gamma} = \frac{dx}{d\tau} \sqrt{1 - V^2}$$

So :

$$\frac{dx}{dT} \sqrt{1-v^2} = \tanh(gt)$$

$$dx = \frac{\tanh(gt)}{\sqrt{1-v^2}} dT$$

$$= \frac{\tanh(gt)}{\sqrt{1-\tanh^2(gt)}} dT$$

$$= \frac{\tanh(gt)}{\operatorname{sech}(gt)} dT$$

The differential equation relating the rocket's position and the rocket's proper time is:

$$dx = \sinh(gt) dT$$

Integrating both sides of the equation,

$$\int_0^x dx^* = \int_0^r \sinh(gt^*) dT^*$$

$$X = \frac{1}{g} \int_0^{gt} \sinh(u) du$$

$$= \frac{1}{g} \cosh(u) \Big|_0^{gt}$$

$$X = \frac{1}{g} [\cosh(gt) - 1]$$

(ii)

Thanks goes to Richard G. for this next step. Note:

$$\begin{aligned}
 & -\left(\frac{dt}{d\tau}\right)^2 + \left(\frac{dx}{d\tau}\right)^2 \\
 &= -\gamma^2 + \left(\frac{dx}{dt} \frac{dt}{d\tau}\right)^2 \\
 &= -\gamma^2 + v^2 \gamma^2 \\
 &= \gamma^2(v^2 - 1) \\
 &= \frac{1-v^2}{v^2-1} \\
 &= -1
 \end{aligned}$$

aren't 4-vectors cute

Using our expression for $x(\tau)$,

$$\frac{dx}{d\tau} = \sinh(g\tau)$$

And inserting it in the equation above, (after multiplying through by -1), we get:

$$+ \left(\frac{dt}{d\tau}\right)^2 - \sinh^2(g\tau) = 1$$

Comparing this expression with the hyperbolic version of Pythagoras's Theorem $\cosh^2 3 - \sinh^2 3 = 1$ we can equate terms to find that:

$$\frac{dt}{d\tau} = \cosh(g\tau)$$

we chose the positive root of $\Delta\tau$ because proper time intervals are the shortest time intervals between 2 events, so $\Delta\tau > 1$. ✓

From the last equation we have:

$$dt = \cosh(g\tau) d\tau$$

Integrating both sides:

$$\int_0^t dt^* = \int_0^\tau \cosh(g\tau^*) d\tau^*$$

$$t = \frac{1}{g} \sinh(g\tau)$$

(iii)

Piecing a solution together

First, g needs to be put into more palatable units.

$$g = \frac{9.81 \text{ m/s}^2}{299792458 \text{ m/s}} \left(\frac{\pi \times 10^7}{1 \text{ yr}} \right) = 1.028/\text{yr}$$

That worked out just swell! Now, according to Misner, Thorne and Wheeler, the distance to the centre of the galaxy is $X_g = 30 \text{ kyr}$. Let t_g and T_g denote the roundtrip time according to Earth and rocket observers respectively.

We can use the inverse of eq (ii) to find the proper time for the round trip.

$$X = \frac{1}{g} [\cosh(gT) - 1] \quad \Rightarrow \quad T = \frac{1}{g} \cosh^{-1}(gx + 1)$$

For the quarter trip,

$$\begin{aligned} \frac{1}{4} T_g &= \frac{1}{1.028/\text{yr}} \cosh^{-1} [(1.028/\text{yr})(15 \text{ kyr}) + 1] \\ &= 10.0551 \text{ yr} \end{aligned}$$

So, the round trip for people on the rocket will be:

$$\tau_g = 40.22 \text{ yr} = 40 \text{ yr} + 3 \text{ mo}$$

Now using equation (iii) we can calculate the time on Earth that passes during this round trip.

$$\frac{1}{4}t = \frac{1}{g} \sinh(\frac{1}{4}gt)$$

$$t = \frac{4}{1.028/\text{yr}} \sinh([1.028/\text{yr}][10.0551 \text{ yr}])$$

$$= 60,000 \text{ yr} \quad (60,004 \text{ yr})$$

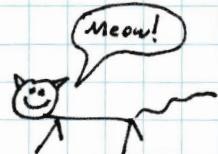
What is the non-relativistic answer?

$$t_{nr} = \sqrt{\frac{8Xg}{g}} = \sqrt{\frac{8(2.8 \times 10^{20} \text{ m})}{9.81 \text{ m/s}^2}}$$

$$= 15000000000 \text{ yr}$$

= 15 thousand million years

which (I think) is about the age of the universe!



Recap

A rocket makes a round trip journey between Earth and the centre of the galaxy.

The astronauts age only 40 years during the trip while their friends and family age 60,000 years.

The only question left to answer is how much fuel does one need to carry in order to accelerate at $1g$ for 40 years? *Larry Niven used B fields to gather and fuse interstellar H.*

At least you don't need to have 60,000 years worth of fuel!

Application of results of rocket calculation to the trip to the galactic center

(Note, in my old solution, $\tau \equiv ct$, rather than standing for proper time.)

So $x - x_0 = \frac{1}{2}$ distance to galactic center. The corresponding time interval is $\frac{1}{4}$ the interval for the entire trip, which consists of an acceleration and deceleration leg on both out bound and return trips.

$$\text{Then: } \frac{a}{c^2} (x - x_0) = \frac{9.8 \text{ m/s}^2}{(3 \times 10^8 \text{ m/s})^2} (10^4 \text{ light years}) \approx (3 \times 10^8 / 9) (10^4 \cdot \pi \times 10^7 \text{ s}) \\ = 10^4 \gg 1$$

$$\Rightarrow \frac{a\tau}{c^2} \approx \frac{a}{c^2} (x - x_0) \Rightarrow \tau = x - x_0 = 10^4 \text{ light years} \\ \text{or } t = 10^4 \text{ years}$$

So, the trip time is negligibly different from travel at the speed of light.

What is the proper time the astronauts experience? ($c dt/ds$)

$$\int ds = \int \frac{dt}{\gamma} = \int \frac{dt}{\sqrt{1 - v^2/c^2}} = \int dt \sqrt{1 - \frac{(gt)^2/c^2}{1 + (gt/c)^2}}$$

$$= \int dt \left[1 + \left(\frac{gt}{c} \right)^2 \right]^{-1/2} \quad \text{Let } \frac{gt}{c} = \sinh \lambda$$

$$= \int \frac{c}{g} \frac{\cosh \lambda d\lambda}{\sinh \lambda} = \frac{c}{g} \lambda$$

$$\text{So proper time} = \frac{g}{c} \sinh^{-1} \frac{gt}{c} = \frac{c}{g} \ln \left[\frac{gt}{c} + \sqrt{\left(\frac{gt}{c} \right)^2 + 1} \right]$$

Application p2:

$$\begin{aligned} \approx \frac{c}{g} \ln \left(2 \frac{t}{c} \right) &= \frac{3 \times 10^8 \text{ m/s}}{9.8 \text{ m/s}^2} \ln \left[\frac{2 (9.8 \text{ m/s}^2) (10^4 \text{ s}) (\pi \times 10^7 \text{ m/s})}{3 \times 10^8 \text{ m/s}} \right] \\ &= (3.1 \times 10^7 \text{ s}) \ln [2 \times 10^4] = 31 \times 10^7 \text{ s} \approx 10 \text{ y} \end{aligned}$$

So, the round trip voyage would take the astronauts
40 y. // !!

(A solution using 4-vectors)

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phys 425.01
Due 3/6/96

Problem 4. (A solution using 4-vectors)

A rocket travels from Earth to the center of the galaxy and returns. The rocket starts from rest, accelerates uniformly at $1g$ till at the midpoint of the journey, then turns and decelerates uniformly to rest at the galactic center. Its return trip follows the same plan. Calculate the roundtrip travel time in the Earth reference frame.



Let the Earth frame be represented by coordinates

$$(eqn1) \quad (x_0, x_1, x_2, x_3) = (ct, x, y, z)$$

Assume the rocket motion is along the x -axis.

The four-velocity of the rocket in the earth frame is

$$(eqn2) \quad (u_0, u_1, u_2, u_3) = \left(\frac{dx_0}{d\tau}, \frac{dx_1}{d\tau}, \frac{dx_2}{d\tau}, \frac{dx_3}{d\tau} \right)$$

$$\vec{u} = \left(c \frac{dt}{d\tau}, \frac{dx}{d\tau}, 0, 0 \right)$$

since motion is along x -axis

The four-acceleration of the rocket is

$$(eqn3) \quad (a_0, a_1, a_2, a_3) = \left(\frac{du_0}{d\tau}, \frac{du_1}{d\tau}, \frac{du_2}{d\tau}, \frac{du_3}{d\tau} \right)$$

$$= \left(c \frac{d^2t}{d\tau^2}, \frac{d^2x}{d\tau^2}, 0, 0 \right)$$

Note the following constraints on \vec{U}^\dagger and \vec{q}^\dagger

Normalization of \vec{U}^\dagger :

$$\begin{aligned}
 \vec{U}^\dagger \cdot \vec{U}^\dagger &= U^M U_M = - (U_0)^2 + (U_1)^2 + (U_2)^2 + (U_3)^2 \\
 &= - \left(\frac{dx_0}{dt} \right)^2 + \left(\frac{dx_1}{dt} \right)^2 + \left(\frac{dx_2}{dt} \right)^2 + \left(\frac{dx_3}{dt} \right)^2 \\
 &= - \left(c \frac{dt}{dt} \right)^2 + \left(\frac{dx}{dt} \right)^2 + \left(\frac{dy}{dt} \right)^2 + \left(\frac{dz}{dt} \right)^2 \\
 &= - \left(c \left(\frac{dt}{dt} \frac{dt}{dt} \right) \right)^2 + \left(\frac{dx}{dt} \frac{dt}{dt} \right)^2 + \left(\frac{dy}{dt} \frac{dt}{dt} \right)^2 + \left(\frac{dz}{dt} \frac{dt}{dt} \right)^2 \\
 &= - (c \gamma)^2 + (V_x \gamma)^2 + (V_y \gamma)^2 + (V_z \gamma)^2 \\
 &= \gamma^2 (-c^2 + V_x^2 + V_y^2 + V_z^2) \\
 &= \gamma^2 (-c^2 + V^2) = \frac{-c^2 + V^2}{1 - \left(\frac{V}{c}\right)^2} = \frac{c^2(-c^2 + V^2)}{c^2 - V^2} \\
 &= - \frac{c^2(c - V^2)}{c - V^2} \Rightarrow
 \end{aligned}$$

(Eqn 4) $\vec{U}^\dagger \cdot \vec{U}^\dagger = U^M U_M = -c^2$

Orthogonality of \vec{a}^\dagger and \vec{u}^\dagger :

$$(eqn4) \quad 0 = \frac{d}{dt} \left(-\frac{1}{2} c^2 \right) = \frac{d}{dt} \left(\frac{1}{2} \vec{u}^\dagger \cdot \vec{u}^\dagger \right)$$

↑ Since c is a constant ↑ by 4

$$= \frac{1}{2} \left(\vec{u}^\dagger \cdot \frac{d\vec{u}^\dagger}{dt} + \vec{u}^\dagger \cdot \frac{d\vec{u}^\dagger}{dt} \right) = \vec{u}^\dagger \cdot \vec{a}^\dagger$$

Invariance of \vec{a}^\dagger

$$(eqn5) \quad \vec{a}^\dagger \cdot \vec{a}^\dagger = a^M a_M = \text{proper acceleration}$$

Summarizing the constraints on \vec{u}^\dagger and \vec{a}^\dagger and putting in terms of the problem at hand gives

$$(eqn6) \quad -(u_0)^2 + (u_1)^2 = -c^2$$

$$(eqn7) \quad -u_0 a_0 + u_1 a_1 = 0$$

$$(eqn8) \quad g^2 = -(a_0)^2 + (a_1)^2$$

since we are given that the proper acceleration is g

(5)

solving (7) for a_0 gives

$$(\text{eqn 9}) \quad a_0 = \frac{u_1 a_1}{u_0}$$

using (9) in (8) gives

$$(\text{eqn 10}) \quad g^2 = -\left(\frac{u_1 a_1}{u_0}\right)^2 + (a_1)^2 = (a_1)^2 \left[1 - \left(\frac{u_1}{u_0}\right)^2\right]$$

Now, solve (6) for a_1 ,

$$(\text{eqn 11}) \quad a_1 = \frac{g}{\sqrt{1 - \left(\frac{u_1}{u_0}\right)^2}} = \frac{g}{\sqrt{\left(\frac{u_1}{u_0}\right)^2 - 1}}$$

Substitute (11) in (9)

$$a_0 = \left(\frac{u_1}{u_0}\right) \left(\frac{-g}{\sqrt{\left(\frac{u_1}{u_0}\right)^2 - 1}}\right) = \frac{-gu_1}{\sqrt{-\left(u_0\right)^2 + \left(u_1\right)^2}}$$

$$\stackrel{=} \Rightarrow \frac{-gu_1}{\sqrt{-c^2}} = \frac{gu_1}{\sqrt{c^2}} \Rightarrow$$

by 7

$$(eqn12) \quad a_0 = \frac{gu_1}{c}$$

Solving (7) for a_1 gives

$$a_1 = \frac{u_0 a_0}{u_1} = \frac{u_0}{u_1} \left(\frac{gu_1}{c} \right) \Rightarrow$$

by 12

$$(eqn13) \quad a_1 = \frac{gu_0}{c}$$

Note that

$$\frac{d^2 u_1}{dT^2} = \frac{d}{dT} \frac{du_1}{dT} = \frac{da_1}{dT} \stackrel{\downarrow}{=} \frac{d}{dT} \left(\frac{gu_0}{c} \right)$$

$$= \frac{g}{c} \frac{du_0}{dT} = \frac{ga_0}{c} = \frac{g}{c} \left(\frac{gu_1}{c} \right) \Rightarrow$$

$$(eqn14) \quad \frac{d^2 u_1}{dT^2} - \frac{g^2}{c^2} u_1 = 0$$

Now, solve the the above differential eqn :

$$r^2 + or - \frac{g^2}{c^2} = 0 \Rightarrow$$

$$r = \pm \sqrt{-4(1)\left(-\frac{g^2}{c^2}\right)} / 2 = \pm \frac{g}{c} \Rightarrow$$

(eqn 15) $u_1 = A e^{gt/c} + B e^{-gt/c}$

To find A & B, we make use of the initial conditions:

(eqn 16) $u_1(t=0) = 0$ (Rocket starts from rest)

(eqn 17) $\left. \frac{du_1}{dt} \right|_{t=0} = g$ (Rocket starts at the earth where acceleration is g)

Using (16) in (15) gives

$$0 = A + B \Rightarrow$$

(eqn 18) $B = -A$

Using (18) in (15) gives

$$(eqn19) \quad u_1 = A \left(e^{\frac{gT}{c}} - e^{-\frac{gT}{c}} \right)$$

Differentiating (19) w.r.t. T gives

$$\frac{du_1}{dT} = A \left(\frac{g}{c} e^{\frac{gT}{c}} + \frac{g}{c} e^{-\frac{gT}{c}} \right) \Rightarrow$$

$$(eqn20) \quad \frac{du_1}{dT} = A \frac{g}{c} \left(e^{\frac{gT}{c}} + e^{-\frac{gT}{c}} \right)$$

Using (17) in (20) gives

$$g = A \frac{g}{c} (1 + 1) = \frac{2A g}{c} \Rightarrow$$

$$\frac{2A}{c} = 1 \Rightarrow$$

$$(eqn21) \quad A = \frac{c}{2}$$

Using (21) in (19) gives

$$(eqn22) \quad \boxed{u_1 = \frac{dx}{dT} = c \left(\frac{e^{\frac{gT}{c}} - e^{-\frac{gT}{c}}}{2} \right) = c \sinh \left(\frac{gT}{c} \right)}$$

Using (22) in (6) gives

$$-(U_0)^2 + c^2 \sinh^2\left(\frac{gt}{c}\right) = -c^2 \Rightarrow \text{Divide by } -c^2$$

$$(eqn 23) \quad \frac{1}{c^2} (U_0)^2 - \sinh^2\left(\frac{gt}{c}\right) = 1$$

Recall the identity

$$(eqn 24) \quad \cosh^2 \theta - \sinh^2 \theta = 1$$

Thus, we see that

$$\frac{1}{c^2} (U_0)^2 = \cosh^2\left(\frac{gt}{c}\right) \Rightarrow$$

$$(eqn 25) \quad U_0 = \frac{dx_0}{dt} = \frac{c dt}{dt} = c \cosh\left(\frac{gt}{c}\right)$$

where we have chosen the positive root since

$$(eqn 26) \quad U_0 = \frac{dx_0}{dt} = c \frac{dt}{dt} = c \gamma > 1$$

Integrating (22) gives

$$(eqn27) \quad x = c \int \sinh\left(\frac{gt}{c}\right) = \frac{c^2}{g} \cosh\left(\frac{gt}{c}\right) + K$$

where K is a constant of integration.

To determine K , we use the initial condition

$$(eqn28) \quad x(t=0) = 0 \quad (\text{Rocket starts at origin of Earth frame})$$

using (28) in (27) gives

$$0 = \frac{c^2}{g} \cosh(0) + K = \frac{c^2}{g} + K \Rightarrow$$

$$(eqn29) \quad K = -c^2/g$$

using (29) in (28) gives

$$(eqn30) \quad \boxed{x = \frac{c^2}{g} \left[\cosh\left(\frac{gt}{c}\right) - 1 \right]}$$

Integrating (25) gives

$$(eqn36) \quad g \approx 1.0328 \frac{c}{y}$$

We can use eqn (30) to determine the proper time τ_{half} to travel halfway to the galactic center (and thus the proper time required for the round-trip by multiplying this result by four). First, we solve (30) for τ :

$$\frac{gx}{c^2} = \cosh\left(\frac{gt}{c}\right) - 1 \Rightarrow$$

$$\cosh\left(\frac{gt}{c}\right) = \frac{gx}{c^2} + 1 \Rightarrow$$

$$\frac{gt}{c} = \operatorname{arccosh}\left(\frac{gx}{c^2} + 1\right) \Rightarrow$$

$$(eqn37) \quad \boxed{\tau = \frac{c}{g} \operatorname{arccosh}\left(\frac{gx}{c^2} + 1\right)}$$

Traveling halfway to the galactic center corresponds to $\frac{1}{2}x_G$ as defined in eqn(35).

Thus

$$(eqn38) \quad T_{\text{half}} = \frac{c}{g} \operatorname{arccosh} \left[\frac{g(\frac{1}{2}x_G)}{c^2} + 1 \right]$$

substituting in values from (35) & (36) gives

$$T_{\text{half}} = \left(\frac{c}{1.0328 \sqrt{y}} \right) \operatorname{arccosh} \left[\frac{1.0328 \frac{c}{\sqrt{y}} (\frac{1}{2} \cdot 30,000 c \cdot y)}{c^2} + 1 \right] \Rightarrow$$

$$(eqn39) \quad T_{\text{half}} \simeq 10.0128687 \text{ years} \simeq 10.013 \text{ years}$$

The proper time required for the roundtrip, $T_{\text{roundtrip}}$, is 4 times T_{half} :

$$(eqn40) \quad T_{\text{roundtrip}} = 4 \cdot T_{\text{half}} \simeq 40.05 \text{ years}$$

Now, we can use eqns (34) & (38) to compute the time required in the Earth frame to travel halfway to the galactic center (denoted t_{half})

$$(eqn\ 41) \quad t_{\text{half}} = \frac{c}{g} \sinh \left(\frac{g t_{\text{half}}}{c} \right)$$

substituting in values from (39) & (36) gives

$$t_{\text{half}} = \left(\frac{c}{1.0328 \text{ s/y}} \right) \sinh \left[\frac{(1.0328 \text{ c/y})(10,0128687 \text{ y})}{c} \right]$$

\Rightarrow

$$(eqn\ 42) \quad t_{\text{half}} \simeq 15,000.9686 \text{ years} \simeq 15,001 \text{ years}$$

The time required for the roundtrip in the Earth frame, $t_{\text{roundtrip}}$ is 4 times t_{half} :

$$(eqn\ 43) \quad t_{\text{roundtrip}} = 4 \cdot t_{\text{half}} \simeq 60,003.87 \text{ years}$$

$$\simeq 60,004 \text{ years}$$